





LIFE | STRATEGIES AND POWER NETWORKING CONFERENCE



Laurie Robinson Haden



Damian Rivera



Jonathan Sprinkles



Zelda Owens



Ron Busby



Clarence Adam



Russell Robinson

JUNE 6-7, 2019 | MARRIOTT MARQUIS CONVENTION CENTER | WASHINGTON, D.C.

THURSDAY, JUNE 6, 2019

9:00 a.m. – 4:00 p.m.	NETWORKING GOLF OUTING TPC POTOMAC GOLF COURSE POTOMAC, MARYLAND 18 Holes
9:00 a.m. – 5:00 p.m.	Community Day Museum Tour NATIONAL MUSEUM FAFRICAN AMERICAN HISTORY & CULTURE
4:00 p.m. – 8:00 p.m.	Registration Commences (M1 Level)
6:00 p.m. – 8:00 p.m.	OPENING POWER NETWORKING RECEPTION FOR CONFERENCE ATTENDEES AT THE MARRIOTT MARQUIS – ANTHEM RESTAURANT





FRIDAY, JUNE 7, 2019

7:00 a.m. - 8:00 a.m.

DELICIOUS NETWORKING BREAKFAST

LIBERTY BALLROOM (M4)

8:15 a.m. – 8:30 a.m. Main Session

> Liberty Ballroom M4

MORNING WELCOMING REMARKS AND MAN CAVE GIVEAWAYS

CO-HOSTS

LAURIE ROBINSON HADEN

Corporate Counsel Women of Color

DAVID PATRICK HADEN

Corporate Counsel Men of Color

LAMMAN RUCKER

Actor, Greenleaf, Why Did I Get Married?, and Meet the Browns

8:30 a.m. – 9:15 a.m. Main Session

> Liberty Ballroom M4

STRATEGIC PARTNERSHIPS

Strategies on Overcoming Barriers in the Workplace and Ways Men of Color Can Collaborate to Advance Their Careers Together

TOMMY SHI

Head of Diversity and Inclusion (Day Pitney)
Former Diversity and Inclusion Officer (Mercedes-Benz USA)

SKIP SPRIGGS

Chief Executive Officer Executive Leadership Council

DAMIAN RIVERA

Chief Executive Officer Association of Latino Professionals for America

9:30 a.m. – 10:00 a.m. Main Session

> Liberty Ballroom M4

EMPOWERMENT

The Power of Connections

JONATHAN SPRINKLES

The Connection Coach

10:00 a.m. – 10:30 a.m. Main Session

> Liberty Ballroom M4

NETWORKING ACTIVITY

Power Networking in Action

Plus Enjoy the

Burgess Brothers' World Famous Waffles





FRIDAY, JUNE 7, 2019

10:30 a.m. – 11:15 a.m. Main Session

> Liberty Ballroom M4

RELATIONSHIPS

Father and Son Dynamics: 10 Ways to Be a Better Parent to Your Son

CHEF JEFF HENDERSON

Chef, Author, and Star of "Flip My Food"

CAROL SUTTON LEWIS

Founder Ground Control Parenting

REV. DR. GRAINGER BROWNING, JR.

Senior Pastor Ebenezer A.M.E. Church

11:30 a.m. – 12:00 p.m. Main Session

> Liberty Ballroom M4

MOTIVATIONAL

Doing the Little Things to Execute Vision

HERM EDWARDS

Head Coach of Arizona State and Former Head Coach of the New York Jets

12:15 p.m.

Liberty Ballroom M4 LUNCH

1:15 p.m. – 2:00 p.m. Main Session

> Liberty Ballroom M4

MOTIVATIONAL

From the Barrio to Network Television: John Quiñones' Inspiring Journey

JOHN OUIÑONES

ABC News Correspondent and Host of What Would You Do?

2:30 p.m. – 3:00 p.m. Main Session

> Liberty Ballroom M4

MENTAL HEALTH AND WELLNESS

A Healthy Conversation on Mental Health with Strategies on How to Manage and Address Stress, Anxiety, Depression, and Addiction

DR. SAMPSON DAVIS

Author of The Stuff: Unlock Your Power to Overcome Challenges, Soar, and Succeed and The Bond

3:00 p.m. – 3:30 p.m. Main Session

> Liberty Ballroom M4

FINANCIAL MANAGEMENT

Getting Your Finances Straight

ASH "CASH" EXANTUS

Financial Motivator and Author





FRIDAY, JUNE 7, 2019

Corporate Counsel Men of Color Breakout

3:45 p.m. - 4:45 p.m. **Breakout Sessions**

BREAKOUT 1

CAREER

How to Create and Maximize Your Personal Brand Through Social Media

ZELDA OWENS

Director and Executive Recruiter The Glenmont Group

MONUMENT ROOM

BREAKOUT 2

ENTREPRENEURSHIP

Entrepreneurship: Strategies on How to Secure Funding for Your Franchise or Business

RON BUSBY, SR.

President and CEO U.S. Black Chambers

CLARENCE ADAMS

Chief Executive Officer Capitol Credit Group

MATT AND JONATHAN **BURGESS**

Founders Burgess Brothers BBQ & Burgers

TREASURY ROOM

BREAKOUT 3

FINANCIAL MANAGEMENT

High Level Financial Management for Men: 15 Strategies on How to Maximize Your Finances, Retire Well and Leave Wealth

ED WALTERS

Senior Vice President Head of Products and Platforms Lincoln Financial

SEKOU KAALUND

Managing Director J.P. Morgan Chase & Co.

SUPREME COURT ROOM

BREAKOUT 4

LEADERSHIP

5 Leadership Strategies to Maximize Employee Engagement

RUSSELL ROBINSON, EdU

Director of Organizational Development & Leadership for Federal Occupational Health US Department of Health & Human Services

ACHIEVE ROOM

BREAKOUT 5

GETTING ON CORPORATE **BOARDS**

BILLY DEXTER

Partner, Americas Regional Diversity Leader, and Co-Lead of the Diversity Advisory Services Practice, Heidrick & Struggles

CAPITAL/CONGRESS ROOM

5:00 p.m.

Conference Ends Join Us for Dinner and Cocktails at TEXAS DE BRAZIL

5:30 p.m. - 7:00 p.m.

Join Us for Our Power Networking **Evening Close-Out Reception**

TEXAS DE BRAZIL

455 Massachusetts Avenue NW Washington, D.C.

BUS DEPARTS AT 5:00 p.m., 5:15 p.m., 5:30 p.m. AND 5:45 p.m.